



THE **HIDDEN TOLL** TO SENIOR LEADERS

- Delays, stalled adoption, or misalignment can erode projected returns. Investor confidence, market share, and revenue growth are all on the line.
- Isolation at the top. Conflicting agendas across the executive team. Friction from stakeholders who fear loss or uncertainty.
- Long days, broken sleep, constant travel. A steady drain on energy that affects decision quality and presence.
- A creeping disconnect from the values and meaning that drew you into leadership in the first place.